

# Personal Protective Equipment

*CPD Approved*

## Course Description

In the UK there are approximately 144 fatalities in the workplace and around 621,000 non-fatal injuries every year. Personal Protective Equipment (PPE) plays a vital role in managing Health & Safety risks. However, historical data shows many workers suffering injury were not wearing this clothing.

This course will show how wearing PPE plays a crucial role in preventing and reducing fatalities, injuries and diseases that would otherwise occur in the workplace. It includes details of a wide range of PPE options, examines the legislation and regulations that govern the responsibilities of employers, employees and suppliers, and provides a real-life case study showing the law in action.

The course will also cover risk assessment and the role it plays in the selection and use of PPE along with discussing other hazard control measures that can be implemented.

Finally, the course will move on to how to use, fit and wear PPE and understand its physical and theoretical limitations.

## Learning Objectives

*By the end of this course, you will be able to:*

- Understand the legislation surrounding the use of PPE, legal obligations and the safety standards that need to be met for PPE to be effective and safe to use.
- Recognising the PPE is the last choice in the hierarchy of control and must only be used when stated as appropriate in risk assessments.
- Evaluate the different types of PPE, state where it provides protection and understand that PPE can be used in combination as 3 or 5 point protection.
- Demonstrate an understanding for good maintenance and the need for replacement of PPE.
- Create effective methods to ensure broken or PPE that needs maintaining is not used.

## Target Audience

This course is primarily aimed at people that work in industries such as construction where they are likely to need to use a wide range of PPE on a daily basis. However, there are many other areas of work where PPE is required such as factories, warehouses, window cleaners, healthcare workers, beauticians and many others.

One of the key things this course is intended to do is to teach people why they should use the PPE that is supplied to them and it is some of these other work areas where this message will be most effective.

## Advantages

Candidates understanding how and why they should use PPE will mean they are more likely to use it consistently and correctly throughout their work. This has the advantage of reducing their risk of injury.

Online training is flexible, efficient and cost-effective, so candidates can progress through the modules at their own pace, in their own time, making it easy to fit the training around their work and personal life.

### Further Progression

Many of our other Health and Safety courses compliment this one include Working at Height, Working Safely and Asbestos Awareness.

Course	Module Number	Module Name	Pass % Required
PPE	1	Introduction	70
PPE	2	Regulations & Responsibilities	70
PPE	3	PPE in Practice	70
PPE	4	Risk Assessment, Selection and Use	70
PPE	5	Types of PPE	70
PPE	6	Maintenance and replacement	70

### Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

**Duration:** 60 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions.*)