

Managing Occupational Health

Course Description

This course explains the key elements, procedures and activities involved in successful Occupational Health and Safety Management in the workplace.

The course shows how professional Occupational Health and Safety Management benefits individuals and organisations.

It will investigate workplace health models, including the basic criteria of the World Health Organisation model.

You'll discover the importance of a Health Needs Assessment and how it leads to the development of a Health Management Strategy.

On a more practical level, the course will look at hazards, risks, controls and 'Safe Systems of Work' and the role played by health risk assessments.

Turning to workplace well-being, we'll explain how to promote healthy lifestyles and positive mental health.

You'll learn how to manage absences from work, both authorised and unauthorised, how to create an official Attendance Policy, manage the return-to-work process and deal effectively with absenteeism.

Finally, the course discusses the steps needed to develop and build a strong health and well-being culture, including leadership, communication, work-life balance and embracing change.

Learning Objectives

By the end of this course, you will be able to:

Understand what Occupational Health and Safety is along with the benefits of promoting a healthy organisation.

Create Health Management Strategies and collaborate with professionals for effective implementation.

Define Employee well-being, risk factors and understand the importance of promoting a positive culture around occupational health.

Create Risk assessments and understand when and where they are needed and the process to create effective assessments.

Target Audience

This course is aimed at supervisors and managers who are responsible for the health and wellbeing of their employees.

Advantages

Creating a culture of health, safety and wellbeing in the workplace increases staff morale and ensures a high level of retention.

Online training is flexible, efficient and cost effective meaning the candidate can progress through

the modules at their own pace and in their own time, so they can fit the training in around their work and personal life.

Further Progression

Other business skills and health and safety courses would be great follow ups to this one, especially Leadership Skills, Developing Teamwork and Health and Safety in the Workplace.

Course	Module Number	Module Name	Pass % Required
Managing Occupational Health	1	Occupational Health Basics	70
Managing Occupational Health	2	Health Risk Assessments	70
Managing Occupational Health	3	The Health Risk Assessment Process	70
Managing Occupational Health	4	Long-Term Personal or Health Conditions	70
Managing Occupational Health	5	Employee Well-being	70
Managing Occupational Health	6	Substance Misuse	70
Managing Occupational Health	7	Managing Absence	70
Managing Occupational Health	8	Creating A Culture	70

Recommended System Requirements

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

Duration: 90 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions*).