Working at Height

This course is aimed at anyone who undertakes work at height, or who employs people who regularly work at height.

The term work at height applies to a wide range of situations ranging from the obvious ones like working on platforms, ladders, scaffolds or stages to working alongside deep trenches. This is because the crucial thing to understand about work at height is that it's not how far you climb, but how far you can fall. 'Falls' doesn't just mean people falling from heights. If materials or equipment fall, that will obviously present an equally dangerous hazard to anyone below.

All working at height situations are covered by health and safety legislation. Chief among these is the Work at Height Regulations 2005. These regulations confer legal duties on employers and employees to assess, control and minimise risks and hazards from work at height.

This course covers topics including the dangers of working at height, the regulations, the hierarchy of controls, assessing risk and much more.

It's vital to understand all this because as I'm sure you'll know, working at height can be extremely dangerous.

Please note that this is an awareness course only, if your duties include working at height you will also need further practical training, you can get in touch with us to arrange this.

Course	Module Number	Module Name	Pass % Required
Working at Height	1	Introducing Work at Height	70
Working at Height	2	The Dangers of Work at Height	70
Working at Height	3	The Work at Height Regulations	70
Working at Height	4	Summary of Duty Holder's Responsibilities	70
Working at Height	5	Employer's Responsibilities	70
Working at Height	6	The Hierarchy of Control	70
Working at Height	7	Avoiding Work at Height Wherever Possible	70
Working at Height	8	Prevent Risk of Falls	70
Working at Height	9	Minimise Consequences	70
Working at Height	10	The Risk Assessment	70
Working at Height	11	Course Summary	70

Recommended System Requirements
• Browser: Up to date web browser
• Video: Up to date video drivers
• Memory: 1Gb+ RAM
• Download Speed: Broadband (3Mb+)

Duration: 105 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions*).